

One Day You May Rehabilitation Center Menu

Breakfast – Friday

Juice

Apple Juice*

Fruit

Mixed fruit bowl *

Hot Cereal

Hot quinoa cereal

Cold Cereal

Asst. Cold Cereal
Served with 2% milk

Entrée

Spinach and Potato Frittata*
Huevos Rancheros

Sides

Sliced Bacon*
Country Potatoes
Apple Muffin

Toast

Asst. Toast
Whole Wheat Toast*

Additional Beverages

Coffee, Tea*, Milk

Condiments

Salt, Pepper, Sugar, Honey*,
Strawberry Jam*

Lunch – Friday

Soup

French onion soup*

Salad

Coleslaw

Entrée

Grilled turkey burger*
Macaroni, Ham and Cheese

Vegetables

Oven Roasted Broccoli Florets*
Cucumber and Cherry Tomato Medley

Starch

French Fries*
Baked Ziti

Dessert

Chocolate Chip Cookies
Chocolate Covered Strawberries*

Bread

Asst. Bread
Sourdough Roll*

Additional Beverages

Coffee, Tea*, Milk*

Condiments

Salt*, Pepper*, Sugar, Ketchup*, Butter*

Dinner – Friday

Soup

New England Clam Chowder

Salad

Chicken Caesar Salad

Entrée

Baked Ziti*
White Rice and Mongolians Beef

Vegetables

Grilled vegetable skewers
Arizona baked corn*

Starch

Garlic Mashed Potatoes*
Whole Wheat Corn Bread

Dessert

Fluffy angel food cake*
Strawberries with whipped cream

Bread

Asst. Bread
Sliced Garlic Bread*

Additional Beverages

Coffee, Tea*, Milk*

Condiments

Salt*, Pepper*, Sugar

House Diet: *